

Figure 1. The 10 test items of the T-LESQ. The items are arranged in a vertical column, each item consisting of a small diagram of a person in a specific posture and a corresponding label. The items are: 1. Standing, 2. Walking, 3. Sitting, 4. Lying down, 5. Bending over, 6. Reaching up, 7. Reaching down, 8. Twisting, 9. Pushing, 10. Pulling.

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